

WESTWORLD PROGRAMME (PRUDHOE WEST FIRST SCHOOL)

MONDAY 4.30pm - 5.25pm Trampolining School Year 1 - 4
5.30pm - 6.25pm Trampolining School Year 5 - 8
7.00pm - 8.30pm Circuit Challenge 16 yrs+

TUESDAY 6.00pm - 6.55pm Trampolining School Year 1 - 4
7.00pm - 7.55pm Trampolining School Year 5 - 7
8.00pm - 8.55pm Trampolining School Year 8+

THURSDAY 4.30pm - 5.00pm Trampolining Pre school
6.00pm - 6.55pm Trampolining School Year 1 - 4
7.00pm - 7.55pm Trampolining School Year 5 - 9

FRIDAY 4.30pm - 5.30pm Gymnastics Age 4 - 5 yrs
5.30pm - 6.30pm Gymnastics Age 6 - 8 yrs
6.30pm - 8.30pm Gymnastics Invite only

SATURDAY 8.30am - 9.30am Gymnastics Age 4 - 5 yrs
9.30am - 10.30am Gymnastics Age 6+ boys
10.45am - 11.45am Gymnastics Age 6 - 8 yrs
11.45am - 1.15pm Gymnastics Under 9's Invite only

SUNDAY 8.30am - 9.30am Gymnastics Age 6 - 12 yrs
9.30am - 10.30am Gymnastics Age 9 - 12 yrs
10.30am - 11.30am Gymnastics Ages 4 - 5 yrs
11.30pm - 1.00pm Gymnastics Age 9+ Invite only